

Sustainability Series: Fall 2015

Home Canning: A Beginner's Workshop



Sat. Aug. 22 @ 9 am-2 pm OR Sat. Sept. 26 @ 9 am-2 pm

Location: The Cookbook Co., 722 11 Ave SW, Calgary

Cost: Green Calgary Members: \$85 NonMembers: \$105

This workshop is perfect for anyone who would like to learn how to preserve, who is interested in eating locally year round, and who would like to control where their food is coming from while saving time and money!

Our instructors will guide us through the practical art of home canning. Learn the chemistry and biology of water bath canning so that you can become comfortable with the process and the theory behind it. You will gain the confidence and skills to preserve heirloom family recipes or any new concoctions you wish through our successful interactive format. The workshop will cover canning theory, equipment, recipe selection, sourcing supplies and of course, hands on canning for everyone to take home!

Workshop includes: all ingredients, equipment and lunch.

Availability is limited so register today to hold your spot. Questions? Please contact Jori (jori@greencalgary.org) 403.230.1443 ext. 223. Thank you.



Register online @greencalgary.org

Since 1978, Green Calgary has been a leading urban environmental charity; empowering Calgarians to green the way they live, work, & play.