

Vermicomposting – what do worms eat?

Vermicomposting is a great way to create compost. Worms eat our leftovers and poop fertile compost! But what should we feed worms? Complete this activity to learn what worms can and cannot eat.









Suitable for ages: K-6









Curriculum links:

- Grade 1 science: needs of plants and animals
- Grade 2 science: small crawling and flying animals
- Grade 3 science: animal life cycles
- Grade 4 science: waste and our world
- Kindergarten: environment and community awareness

Instructions

Cut out the pictures of food. Place them onto the correct plate – would a worm eat this or not?

<p>Eggshells</p> 	<p>Chicken bones</p> 	<p>Apple core</p> 	<p>Potato peel</p> 
<p>Kale</p> 	<p>Carrot peel</p> 	<p>Salad leaves with dressing</p> 	<p>Coffee grounds</p> 

<p>Aged cow manure</p> 	<p>Fish bones</p> 	<p>Tea leaves</p> 	<p>Lemons</p> 
<p>Plastic tea bags</p> 	<p>Pet waste</p> 	<p>Onions</p> 	<p>Eggs</p> 

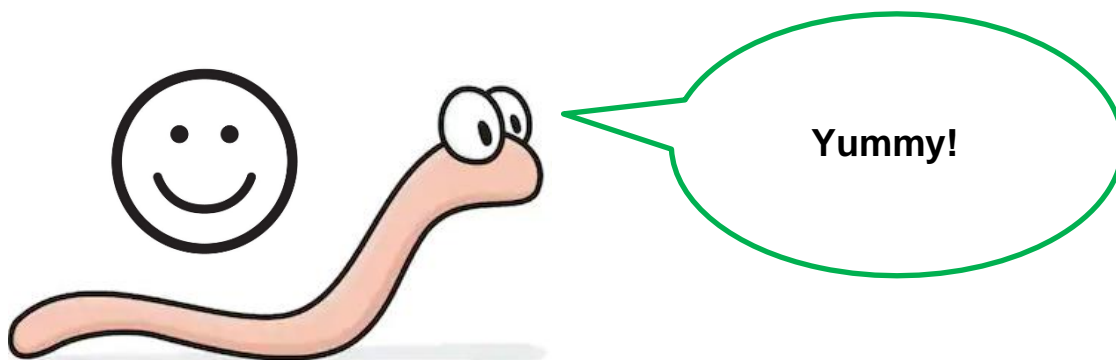
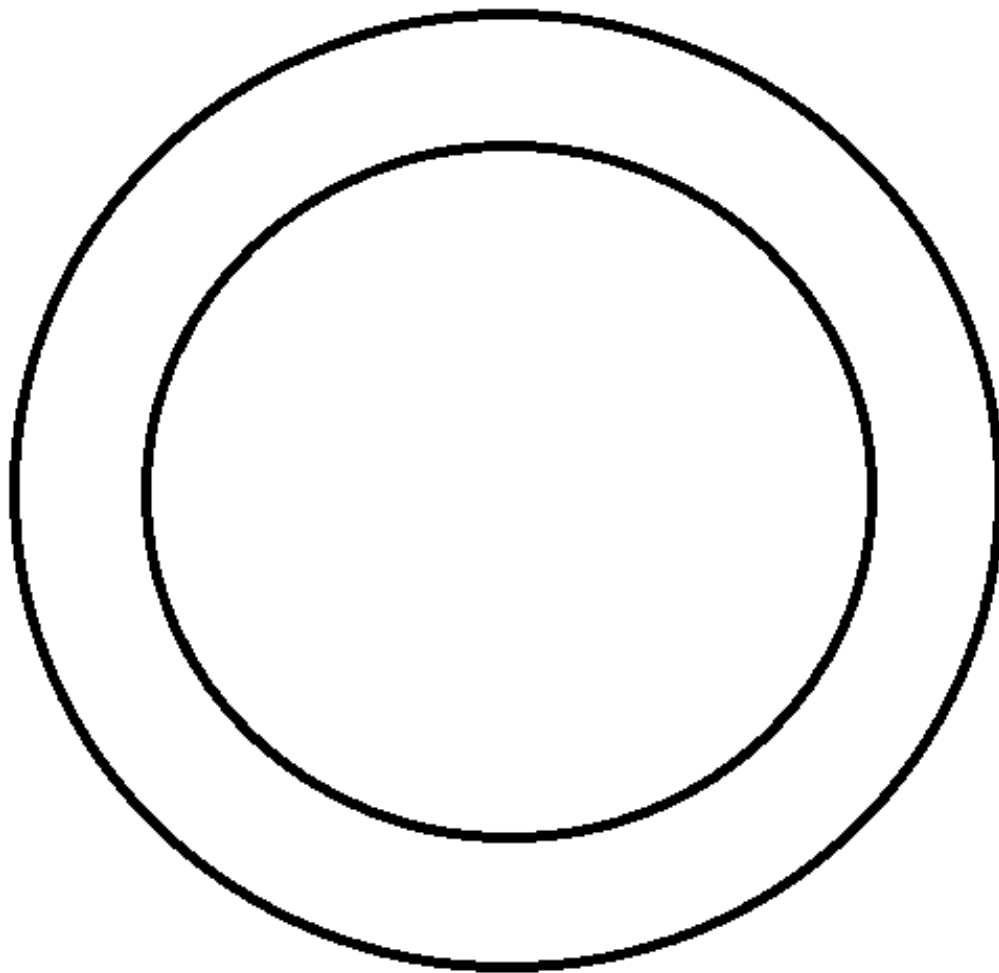
Did you know?

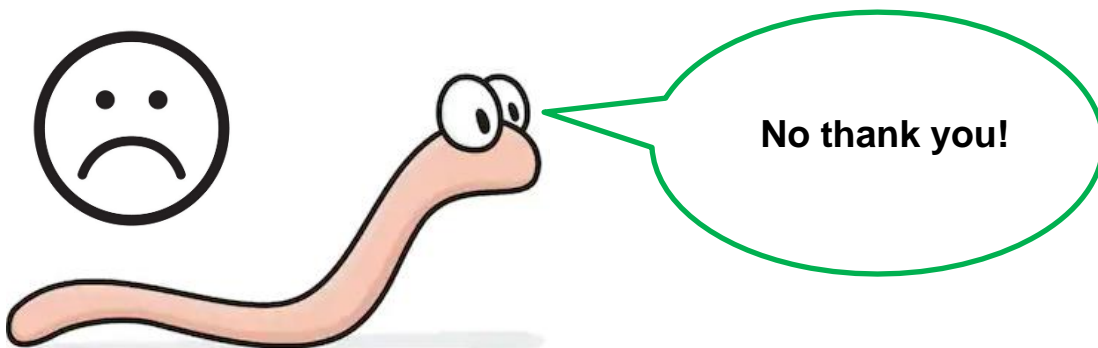
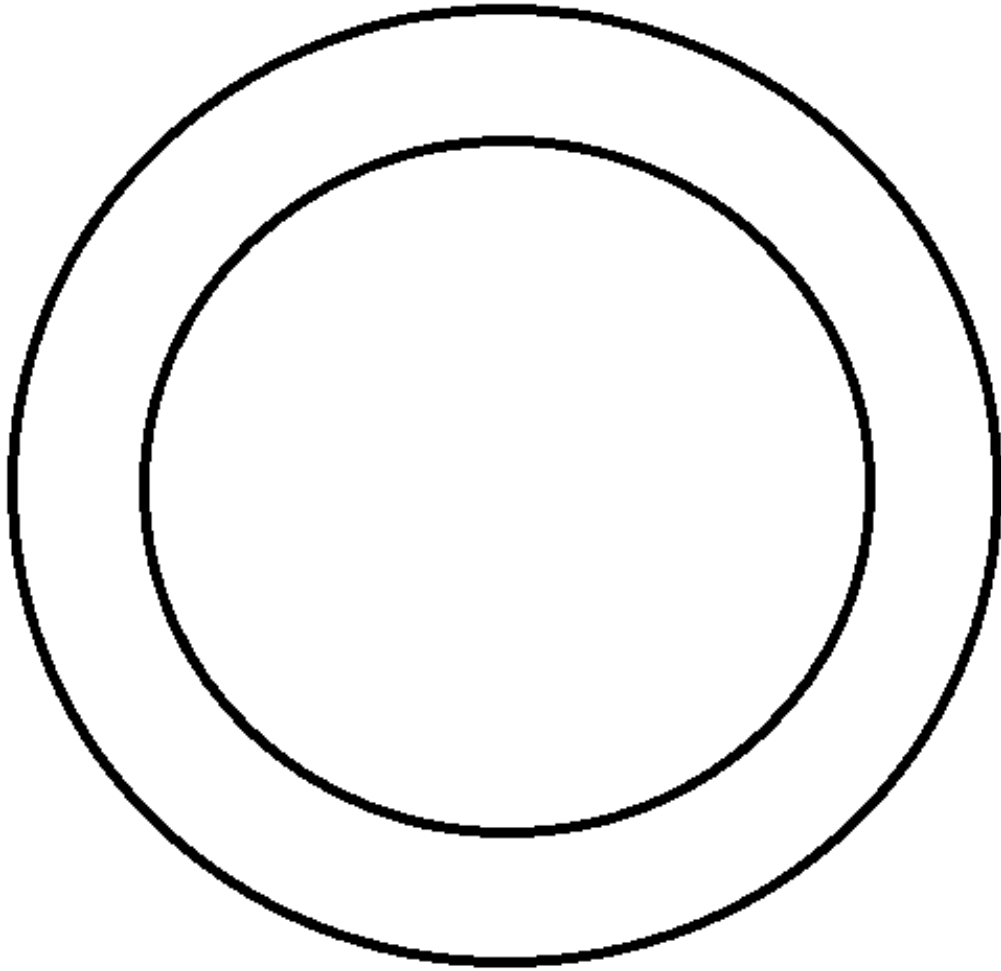
Worms can eat half their body weight every day!

Share with us!

We would love to see photos of your low-waste crafts and activities at home. Feel free to tag us or hashtag #GreenCalgary in your social media posts! Find us here:







What do worms like to eat? Activity 2



What do worms like to eat? Activity 2

