



GUIDE series

Responsible Business Guide

Green Calgary's Responsible Business Guide has been created to assist Calgarians in finding outstanding companies in the area of social, environmental and economic justice. Green Calgary staffers, as well as hundreds of members and volunteers, have put forward recommendations for businesses that satisfy many of the criteria outlined below.

When using this guide, it is important to keep in mind that no business is perfect and all businesses have the ability to make improvements. When making a purchase, it is important to consider other factors before making a final decision. Criteria to consider include: transportation, end of life, disposal options.

The guide is a working document. We are continually working to add as many businesses to this guide that fit our criteria. If you are a business or know of a business that should be apart of this guide, please contact Ami Dehne by email (ami@greencalgary.org) or by phone 403 971 8872. No company has paid to appear in the guide and this is in no way an endorsement of any business listed in the guide.

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RESPONSIBLE BUSINESS CRITERIA

Environmental Responsibility: Renewable raw materials, recycling, composting, purchase of recycled products for operations, toxin-free cleaning, addressing climate change, eco-innovation, sustainable farming and resource extraction.



1 % For the Planet: Businesses donating 1% of sales to the natural environment.



Alternative Energy: Wind or other renewable energy sources.



Social Justice and Human Rights: Fair trade and wages, equal opportunity employer, respect for diversity (race, gender, ability, religion, sexuality and ethnicity), condemnation of child labour and the exploitation of workers in the developing world.



Community Involvement: Supporting local business, volunteer efforts, philanthropic donations, alliances with non-profit organizations.



Locally Produced Goods: Supporting local farmers, artists and producers.



Locally Owned



Animal Protection: Condemning factory farming, animal testing and animal suffering, while respecting and helping to maintain wildlife habitat.



Sustainability Reporting: Providing transparent reporting of their activities.



Certified organic ingredients



Accepts Calgary Dollars



Alternative Currency

Calgary Dollars/The Arusha Centre: 223 12th Ave SW, Calgary, AB (403 270 8002)

Calgary Dollars is the Arusha Centre's grassroots currency system that brings together local talents and resources to strengthen our local economy and build community. A community's true wealth lies in the skills, talents and capabilities of its members. The Arusha Centre believes that every person has something of value to offer to their neighbours. By encouraging local production and consumption, the Arusha Centre is committed to creating a healthy economy that is rooted in a healthy society and a healthy ecosystem. Why use Calgary Dollars? Make money doing things you like to do. Meet people with similar interests. Increase your loyal and local customer base for your business. Develop a business idea. Our community benefits too: Calgary Dollars provides TAKE ACTION GRANTS for grassroots community initiatives.



Bakeries

Lakeview Bakery: 8449 Crowchild Trail SW, Calgary, AB (403 248 8127)

Lakeview Bakery is a full-service fresh bakery producing special dietary needs including gluten free, egg free and dairy free baked goods and some organics. Lakeview Bakery uses rice spelt, stoneground and kamut flours for breads, buns, pizza, shells cookies and pastries.



Prairie Mill Bread Company Ltd.: #129, 4820 Northland Dr NW, Calgary, AB (403 282 6455)

Prairie Mill Bread Co. is owned and operated by Karen and John Juurlink. They believe in providing healthy products for their consumers as well as supporting local, organic farmers.

Prairie Mill Bread uses only natural ingredients in their bread, including 100 percent local, organic whole grain wheat milled daily with no added fat or preservatives, which appeals to health conscious attitudes. Their proofing process ages the dough so that Prairie Mill bread is guaranteed to stay fresh for seven days.



Urban Baker: 802 Edmonton Trail NE, Calgary, AB (403 266 3763)

Urban Baker strives to bring their clientele the best baked goods they can offer. From their hand-shaped breads, made from whole grain and organics flours, to their desserts and pastries that are created from fresh cream and natural butter. The Urban Baker offers wedding cakes and special orders custom-made for their customers.



Bicycle Shops

Bow Cycle: 6501 Bowness Rd NW, Calgary, AB (403 288 5422)

Bow Cycle is a family-owned business that has been in operation for over 50 years. Opened in 1957, Bow

Cycle was first established as a bicycle and sporting goods store in downtown Bowness, Alberta. Much has changed since the store's early days. Today, Bowness is a permanent fixture in Calgary and so is Bow Cycle. The store has grown to become one of Canada's largest and most successful bicycle retailers. Boasting almost all of the industry's largest names under one roof, Bow Cycle continues to exceed client expectations of customer service and product quality.



Book Stores - Used

Twice Sold Tales: 2830 Morley Trail NW, Calgary, AB (403 210 0343)

A 3,000 sq ft used bookstore with a wide diverse selection of new and used books. Conveniently located close to bus routes and U of C C-train station, Twice Sold Tales has strong community and social initiatives. Buy, sell and trade gently used books.



Catering

Infuse Catering: 3510 19th St SW, Calgary, AB (403 269 3902)

Infuse is a boutique full-service catering company. They provide both corporate and private clients with tailored event plans and services featuring thoughtful, innovative, globally inspired, organic and locally sourced menus.



Clothing - Consignment

Rewind Consignment Clothing: 1002 MacLeod Trail SE, Calgary, AB (403 263 6669)

Rewind Consignment Clothing is a consignment boutique for women in a unique heritage space. They offer a comfortable, fun shopping environment and pride themselves on service. You will find top brands and one-of-a-kind items by independent designers. There are also several unique accessories to complement one's wardrobe. It is truly a hidden gem in Calgary's newly revitalized Victoria Crossing district.



Coffee/Tea Shops

Oolong Tea House: 110 10th St NW (403 283 0333) and #620, 26 McKenzie Towne Gate SE, Calgary, AB

Located in the heart of Kensington and Mackenzie Towne, Oolong Tea House is a coffee and tea shop that offers over 150 loose-leaf teas from all over the world. They carry a wide selection of White Tea, Green Tea, Oolong Tea, Black Tea, Rooibos, Herbal and Fruit Infusions as well as a great selection of tea accessories. With a food and dessert menu made on site, free wireless internet and late hours of operation, Oolong Teahouse is a wonderful place to meet with friends, study and explore the world of tea.



Primal Grounds: 3003 37th St SW, Calgary, AB (403 240 4185)

Organic breads, hearty soups, sandwiches, entrees, and desserts made from scratch, no preservatives, the way “mom used to make”. Home of the famous ‘roast turkey n cranberry’ sandwich served on organic ‘cracked rye n molasses bread’. Good selection of gluten-free foods also available.



Courier

Earth’s Courier Inc. Calgary, AB (403 276 GOGO(4646)

Earth’s Courier is Calgary’s first and only environmentally friendly courier service. They are committed to providing exceptional courier services while reducing environmental impact through the use of alternative fuels such as bio-diesel and solar power, and a strong internal commitment to remaining idle-free.



Farm Direct

Sunworks: Calgary Farmers Market, Calgary, AB (780 672 9799)

Sunworks Farm is a certified organic, certified humane, holistic farm that raises certified organic/free range poultry, beef, pork, lamb and bison in Central Alberta. Ron and Sheila and their family believe in the humane treatment of all creatures, as well as the practice of working with nature to create and maintain a clean healthy environment. Sunworks Farm has an apprenticeship program where they share their knowledge and experience with people interested in a possible future in organic sustainable farming. On Labour Day an open house is held at the farm for our customers where a meal is shared and a tour of the farm given.



Fitness

Yoga Passage: 524 11th Ave SW, Calgary, AB (403 277 3058)

Yoga Passage offers yoga classes for all levels of experience – from first-timers to advanced practitioners– in a friendly and welcoming studio. They are committed to social and community building initiatives and hold fundraisers throughout the year for various non-profits. They have more than 40 drop-in classes weekly, in a variety of styles. They also offer beginner workshops, prenatal workshops, and Teacher Training Programs.



Grocery

Community Natural Foods: 1304 10th Ave SW (403.229.2383) & 202 61st Ave SW, Calgary, AB (403 229 2383)

Community Natural Foods’ two locally-owned stores are the hub of Calgary’s holistic health community. Since their earliest days in the 1970’s they have been recognized by top local chefs, farmers and holistic healers as the place to shop for delicious organic food and sustainable lifestyle products. Their customers and staff fervently believe in supporting local organic farms, fair trade suppliers and family farms. We

partner with like-minded vendors who share our values.



Second to None Meats: 4612 Bowness Road NW (403 247 4004) & #3, 2100 4th St SW (403 245 6662) & 7400 Macleod Trail South, Calgary, AB (403 252 9924)

Featuring naturally-raised meats. Second to None Meats are free-range, chemical free and farm direct. They also carry an assortment of natural and locally produced foods.



Sunnyside Natural Market: #10, 338 10th St NW, Calgary, AB (403 270 7477)

Located in the Kensington inner-city shopping zone. Sunnyside goes above and beyond to make every effort to support local farmers as well as supporting community events and initiatives within Calgary.



Planet Organic Market: #110, 4625 Varsity Dr NW (403 288 6700) & #100, 10233 Elbow Dr SW, Calgary, AB (403 252 2404)

Planet Organic Market is a nationwide chain of natural and organic grocery stores focusing on the principles of good food, good for you, good for the planet. They offer an abundant homemade deli, 100 percent certified organic produce, natural and organic grocery items including milk, eggs and meats, plus a wide variety of supplements and natural body care items.



Weigh 2 Go: #415, 9737 MacLeod Trail S, Calgary, AB (403 457 4168)

Weigh 2 Go is Calgary's only bulk food store where customers are encouraged to PRE-cycle by bringing their own reusable containers to purchase any of their 500+ everyday dry food products: herbs and spices, grains and flour, nuts and seeds, candy and chocolate, rice and pasta, pulses, trail mixes and snacks, dried fruit, and baking needs. Their herbs and spices dispense from specially-designed sealed units that measure out as little as one teaspoonful; other products use sealed gravity bins to ensure that they also remain hygienic and fresh. To buy in bulk is to shop SMART (Save Money And Reduce Trash).



Home Décor

Willow Studio: 1437 Kensington Rd NW, Calgary, AB (403 230 9226)

Willow Studio is a locally-owned and operated design studio. Initially a consulting business based on "Down to Earth" design philosophies, it has grown into a vital design company. Willow Studio specializes in design consultation with environmental sensibilities in mind and a waste-not philosophy. They creatively work with what is available, and recommend responsible and long lasting solutions when new pieces are added. They promote local furnishing companies and artists to work together to inspire beautiful homes which instill long

term enjoyment despite the changing trends.



Meals-To-Go

Forage - farm to fork, foods to go: 3508 19th St SW, Calgary, AB (403 269 6551)

Forage offers weekly specials from fresh baking, ready-to-heat foods, frozen entrees, and local specialty items. Forage's culinary style tends to be casual with a focus on heirloom recipes along with ethnic influences that are a part of our prairie history. By using local and mostly organic ingredients, Forage's customers are able to support local agriculture and communities.



Moving Services

Ecobox: 39 Evergreen Square SW, Calgary AB (403-890-8269)

Ecobox has developed a convenient and earth-friendly way of moving through the use of ecoboxes. You simply rent their plastic boxes; they will deliver them to your home or office and pick them up after you have unpacked your belongings, therefore virtually abolishing the use of cardboard. They are also working to add to their product list 100 percent recycled packing paper, and 100 percent organic cornstarch packing peanuts. This green solution is cheaper, better and smarter than cardboard



Restaurants

The Coup: 924b 17th Ave SW, Calgary, AB (403 541 1041)

The COUP is a modern restaurant dedicated to providing a vibrant atmosphere and creative vegetarian fare while promoting local, whole and organic foods.



Dairy Lane Café: 319 19th St NW, Calgary, AB (403 283 2497)

The Dairy Lane first opened its doors in April 1950 and has been a fixture of the West Hillhurst community ever since. They are proud to carry on the tradition of the small, independently owned neighbourhood business. It is Dairy Lane's mission to provide great tasting, high quality food while minimizing their environmental footprint and giving a little back to the community. They use locally produced and organic ingredients whenever possible, recycle everything they can, and proudly support the Highbanks Society.



River Café: 25 Prince's Island Park, Calgary, AB (403 261 7670)

Located in the middle of Prince's Island Park, on the lagoon where the Bow River passes through downtown Calgary, River Café features 'Seasonal Canadian Cuisine'. Inspired by the natural setting of the Bow River Valley, the restaurant has the feel and nostalgic appearance of an old Rocky Mountain fishing lodge with an open-hearth fieldstone fireplace and panoramic views of the park and Calgary's dramatic cityscape beyond. The River Café seeks out the best of our region, serving organic and free-range products from local farmers and producers and from our organic garden at Highwood Crossing in High River.



Retail

The EcoStore: 809 4 Ave SW, Calgary, AB (403 230 1443 ext. 222)

Green Calgary EcoStore always has something new. Striving to be your one-stop eco shop, it offers everything from funky handbags and accessories, body care products, a wide range of eco books and other locally sourced eco goods, all of this alongside composters, rain barrels and water saving products that you expect from your knowledgeable sources at the Green Calgary EcoStore. All products carried are put through the stringent standards of: reducing your ecological footprint, locally sourced where possible, high reusability and recyclability, little to no packaging, natural and non-toxic ingredients, high post-consumer recycled content, and quality products that work. The EcoStore is non-profit so all funds generated support local environmental programs. Delivery is available within Calgary and throughout Canada. Gift certificates are available in any amount you choose and members who pay an annual \$35 membership fee receive a 10 percent discount on all products.



Salons

SwizzleSticks: #101, 1211 Kensington Rd NW, Calgary, AB (403 270 7333)

SwizzleSticks SalonSpa is Calgary's leading day spa and full-service salon. They are proud to be an Aveda Concept Lifestyle SalonSpa, using and selling the complete Aveda product line in our store, salon and spa. Together with Aveda, they are committed to the environment, our planet and all its inhabitants. Their mission is simple: to bring you the best in health, wellness and beauty... naturally.



Red Bloom Salon: 1st Ave NE (403 289 0870) & 109-638 11th Ave SW, Calgary, AB (403 266 8708)

Red Bloom Salons are committed to providing our guests with excellent quality hair services and products. They use and support the use of Aveda products and believe in treating their salon eco-system (guests, staff, and environment) with great care and respect. Red Blooms highly trained stylists offer full salon services with complimentary extras such as stress relieving massages, hand massages, makeup touch-ups and hot towel treatments.



Yard Services

Pixie Gardens Inc.: 1902 10th Ave SW, Calgary, AB (403 228 2802)

Pixie Gardens offers both exterior and interior fine garden management for residential clients. Routine maintenance, garden rejuvenations, seasonal containers and consultations are all apart of their business. Pixie Gardens knowledgeable team of pixies can make the best decisions towards achieving lush, healthy gardens. They do not offer lawn mowing.



Eco-yards: 339 Silverhill Way NW, Calgary, AB (403 969 1176)

Eco-friendly landscape consultations, design and installation, using water-wise, low-maintenance designs that incorporate Feng shui principles. Eco-yards also offers Eco-yards Spray service to keep your yard healthy. Made from compost and organic fertilizers, it acts as a probiotic for all your plants, restoring the beneficial bacteria and fungi that feed your plants. The Enhance Spray service includes spraying all the trees, plants and lawn in your yard three times each growing season. Overseeding with hardy grasses and push-mowing lawn cutting services are also available.



YEAR-ROUND ACTIVITIES OF GREEN CALGARY

Empowering Calgarians to create healthy homes and communities by providing environmental education, products and services.

Green Calgary offers a variety of programs to help achieve mandates of waste reduction and water protection including:

Environmental Education

Green Calgary is pleased to offer a wide variety of presentations to businesses and employees to help answer tough questions about the environment, explain how to practically become green and share Calgary-specific knowledge. These can be done as part of a staff meeting, as a 'Lunch and Learn' or any other time.

Waste at Work: Reducing your company's environmental footprint

Green Procurement: Using buying power to influence change

Waste at Home: How individuals can make a difference in daily life

Getting There Green: Environmentally friendly driving and alternative transportation

Green Cleaning: How to improve indoor air quality and choose green products

Composting: Learn how to recycle your organic waste and make great fertilizer

Vermicomposting: Don't have a yard? Learn to compost indoors with red wiggler worms!

Please contact the Education team at [403] 230 1443 ext 225 or education@greencalgary.org for more information or to book. Member discounts apply.

Healthy Homes Calgary

The Healthy Homes Calgary program is our newest residential service, providing free home visits to Calgarians interested in creating a healthy living environment, while reducing the home's "eco-footprint". We will provide the tools and information needed to improve indoor air quality, energy and water efficiency, waste reduction, and more.

Please call Ashley at [403] 230 1443 ext. 223 or email ashley@greencalgary.org.

Commercial Environmental Services

Assisting companies to reduce their environmental impact associated with waste. We offer customized, one-on-one service and the information, education, resources and tools necessary to divert waste from landfill and help reach your waste-diversion goals.

Services include:

- Waste Reduction Solutions / Consultation
- Online Recycling Directory
- Waste Measurement Toolkit Assessments
- Calgary Materials Exchange - www.cmex.ca

Please call Sarah at [403] 230 1443 ext. 226 or email sarah@greencalgary.org.

EcoStore - selling environmental products that reduce our environmental footprint

The Green Calgary EcoStore sells products that are environmentally sustainable and help to reduce waste and conserve water. Products include compost bins, recycling bins, rain barrels, water saving kits and much, much more. Visit the website for details: www.greencalgary.org

We are wheelchair accessible and located in downtown Calgary on the southwest corner of 4th Avenue and 7th Street SW.

809 Fourth Avenue SW

[403] 230 1443 ext. 222

Open Tuesday and Wednesday 10-5:30

Thursday 10-7

Friday and Saturday 10-4

Closed Sunday and Monday

Information Services & E-newsletter

We respond to thousands of public requests for environmental information. Calgarians want to know how to recycle their household waste and otherwise reduce their environmental footprint.

Please contact Green Calgary if you would like more information about our programs or if you are interested in volunteering.

809 Fourth Ave SW, Calgary, AB T2P 0K5

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